

# THOMASTOWN

## NEIGHBOURHOOD HOUSE

the heart of our community



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## **WOULD YOU LIKE TO VOLUNTEER YOUR TIME?**

Would you like to be more involved in your community?  
Use your skills? Develop new ones?

**We are looking for people to be on our Board of Management  
Want to know more? Contact Victoria Wells at TNH on 0488 224 439  
or email [manager@tnh.org.au](mailto:manager@tnh.org.au)**

Research shows that volunteering makes you live longer.